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## Confirmation Packet for

# 2024 INTL. ICE RESCUE INSTRUCTOR ACADEMY

Thursday, February 15 – Sunday, February 18

*Course Location:*

**Embassy Suites by Hilton**  
1050 Westbrook St.  
Portland, Maine 04102  
207/775-2200

### ADMINISTRATION....

This is to confirm your application and registration to participate in the **2024 International Ice Rescue Instructor Academy**. Please print and carefully review this entire confirmation packet prior to your arrival at the Academy on Thursday afternoon. This packet includes information about the training, as well as what to wear and what to bring, directions, lodging, **required forms** that need to be completed and brought with you, and **pre-requisite reading**.

This 4-day Academy is an intensive and comprehensive (boot-camp-style) training program, with over 30 instructional contact hours. Therefore, please come well-rested and prepared to participate in both **classroom** and on/through-the-ice **practical skill sessions**. **Classroom sessions** will be conducted on Thursday afternoon and evening, Saturday evening, and Sunday afternoon. **Practical sessions** will be conducted on Friday (morning, afternoon and evening), Saturday (morning and afternoon) and Sunday (morning).

The Friday evening practical (**Night Ops**) will include a search, rescue, and extrication mission for multiple victims who may be located on or near the ice as well as in the water. We encourage you to bring a head-light or small flashlight for use during this session, although loaner lights will be available.



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In addition to the instructional contact hours, you will also be required to study and prepare, on your own, between sessions and in the evening after scheduled class. The **pre-requisite reading** listed in this packet is critical to your success in this Academy. Please be sure to read and digest the content of these articles prior to reporting to the Academy.

You will be provided access to the **Powerpoint Slides** and **Instructor Notes**. We encourage you to carefully review these slides and Instructor Notes as you will be responsible for practice teaching sections of this presentation during the Saturday evening classroom session. And, the written exam is pulled directly from these slides. The following is the link:

[https://lifesaving.com/wp-content/uploads/lifesaving\\_custom/2024-ice-rescue-curriculum-presenter-notes-pdf.pdf](https://lifesaving.com/wp-content/uploads/lifesaving_custom/2024-ice-rescue-curriculum-presenter-notes-pdf.pdf)

All Lifesaving Resources' training programs **start on time** and **end on time**. Every minute of this 4-day Academy is absolutely accounted for. Therefore, it is critical that we keep a tight schedule from the start of the Academy on Thursday, to its completion on Sunday. We will need and expect your total cooperation during the classroom sessions, scheduled breaks, practical sessions, meals, and while transferring from/to the hotel, classroom sessions, and practical sessions. Remember, **Do Not Be Late!**

Upon successful completion of the Academy, you will be certified as an Ice Rescue Technician and authorized as a Lifesaving Resources **Ice Rescue Instructor** which authorizes you to conduct **Ice Rescue Awareness, Operations, and/or Technician-level** courses on behalf of your sponsoring agency. Your authorization as an Instructor will be valid for approximately **3** years and will expire on **December 31, 2026**. To be eligible for re-authorization, you will be required to conduct a minimum of **2** courses within your authorization period, one of which must be a **Technician-level** course.<sup>1</sup>

Your students who successfully complete training at the Ice Rescue Awareness, Operations and/or Technician level are certified for **5** years from the course completion date. Once they complete training, you, as the authorized Instructor, are responsible for (A) completing and submitting a **Record of Course Completion** to Lifesaving Resources; and (B) to complete and award **Course Completion Certificates** to your students.

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<sup>1</sup> Instructors who do not have the opportunity to meet the requirements for re-authorization may assist in the conduct of a Lifesaving Resources' sponsored Technician level courses, within your authorization period. This is an opportunity to get more experience, as well as to meet the requirements for re-authorization. If you are unable to teach due to special circumstances (i.e. pandemic, lack of ice, etc.), you may request an extension to your authorization period.



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Please note that Lifesaving Resources Ice Rescue training programs meet and exceed NFPA 1670 & NFPA 1006 Standards for Technical Rescue. These course include the following:

- **Awareness** level: Certification at the Awareness level requires completion of the classroom portion of the course, including passing or reviewing the final written exam.
- **Operations** level: Certification at the Operations level requires completion of the Awareness level course and participation as a shore-based line-tender for all practical evolutions.
- **Technician** level: Certification at the Technician level requires completion of the Awareness level course, plus participation in all required practical evolutions on and through the ice.

## SCHEDULE...

The Academy kicks off at **3 PM** on Thursday. However, we ask everyone to please attempt to arrive at the hotel prior to 2:00 PM in order to check-in to your room and get settled prior to the start of class. The Classroom portion of the Academy will be held in the Meeting Rooms located on the main floor of the hotel.

If you are flying into **Portland International Airport**, once you've obtained your bags from baggage claim, please call the hotel for transportation and they will send a shuttle bus to pick you up and bring you to the hotel which is located less than a ½ mile from the airport.

If you are arriving prior to Thursday, you must make your own lodging reservations and arrangement for payment directly with the hotel (not national reservations). Be sure to explain that you are coming in for the Academy in order to book your room at the same rate. That way, you should be able to keep the same room throughout your stay.



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As an Ice Rescue Instructor candidate, you will participate, as a student, in the **Ice Rescue Technician** course (Thursday and Friday), followed by the Instructor training segments (Saturday and Sunday). The following is the schedule for the 4-day Academy:

## Thursday

03:00 PM - 05:30 PM	Classroom Session #1 <ul style="list-style-type: none"><li>• Ice Rescue Awareness</li></ul>
05:45 PM - 06:30 PM	Dinner
06:45 PM - 10:00 PM	Classroom Session #2 <ul style="list-style-type: none"><li>• Hypothermia &amp; Cold Injuries</li><li>• Ropes &amp; Knots</li><li>• Instructional Methodology</li></ul>

## Friday

07:00 AM - 07:30 AM	Breakfast (at the hotel)
07:45 AM - 08:00 AM	Transport to Practical Session Location
08:30 AM - 11:30 AM	Practical Session #1 (Required Skills)
11:45 AM - 12:00 PM	Transport back to hotel
12:00 PM - 12:45 PM	Lunch
12:45 PM - 01:00 PM	Transport to Practical Session Location
01:15 PM - 04:00 PM	Practical Session #2
04:15 PM - 04:30 PM	Transport back to hotel
05:45 PM - 06:30 PM	Dinner
06:45 PM - 07:00 PM	Transport to Practical Session Location
07:15 PM - 09:00 PM	Practical Session #3 (Night Ops)
09:15 PM - 09:30 PM	Transport back to hotel
09:30 PM - 10:00 PM	Debriefing

## Saturday

07:00 AM - 07:30 AM	Breakfast (at the hotel)
07:45 AM - 08:00 AM	Transport to Practical Session Location
08:30 AM - 11:30 AM	Practical Session #4 (Practice Teaching)
11:45 AM - 12:00 PM	Transport back to hotel
12:00 PM - 12:45 PM	Lunch
12:45 PM - 01:00 PM	Transport to Practical Session Location
01:15 PM - 04:00 PM	Practical Session #5 (Practice Teaching)
04:15 PM - 04:30 PM	Transport back to hotel
05:45 PM - 06:30 PM	Dinner
06:45 PM - 10:00 PM	Classroom Session #3 (Classroom Practice Teaching)



## Sunday

- 07:00 AM - 07:30 AM Breakfast (at the hotel)
- 07:45 AM - 08:00 AM Transport to Practical Session Location
- 08:15 AM - 11:00 AM Practical Session #6 (Specialized Equipment)
- 11:15 AM - 11:30 AM Transport back to hotel
- 12:15 PM - 12:45 PM Lunch
- 01:00 PM - 03:00 PM Instructor Administration & Graduation

## COVID-19 PRECAUTIONS

We encourage everyone, faculty and Instructor Candidates, to be vaccinated against flu and COVID, although proof of vaccinations is not required. During the Classroom Sessions, **FACE MASKS** may be worn at your discretion.

## TECHNICIAN LEVEL COURSE DESCRIPTION....

The **Ice Rescue Technician (IRT)** course is an intensive and comprehensive training program that includes, at a minimum, approximately 4-hours of **classroom** and 5-hours of on/through-the-ice **practical** sessions. A written exam is administered at the conclusion of the Awareness level course.<sup>2</sup>

Awareness, Operations and Technician level course graduates are certified for 5 years from the course completion date. Individuals participating in the Technician level course who cannot successfully complete all the practical evolutions are downgraded to either Operations or Awareness level certification. Instructor Candidates must be able to pass the Technician level course in order to earn the instructor authorization.

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<sup>2</sup> Although Technician level participants are only required to score a minimum of 70% on the final written exam, Instructor candidates are expected to score 100% on this exam.



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When leaving the hotel en-route to the practical sessions, in addition to your **Ice Rescue Suit**, **helmet**<sup>3</sup> and **ice picks**<sup>4</sup>, please bring a bag containing a **change of clothes** including spare socks and shoes.<sup>5</sup> In the event your ice rescue suit breaches, you will have the opportunity to change clothes and don a dry replacement ice rescue suit in order to continue with the practical training evolutions. You may use your Ice Rescue Suit bag to carry your change of clothes.

During the practical sessions on Friday morning and afternoon, you will be assigned to a 5- or 6-person Rescue Squad. As part of that squad, you will participate in approximately **20** different **practical evolutions**, 5 to 6 times each, during which time you will rotate through various positions including that of the **primary rescuer**, a **secondary rescuer**, a **primary line tender**, a **secondary line tender**, and a **victim**. Upon completion of each rotation within each individual practical evolution, your rescue squad will then progress onto the next practical evolution.

Your **health** and **safety**, as well as our endeavor to meet all of our **instructional objectives** within the time constraints, will be our primary concerns throughout the Academy. So, please **dress appropriately**, bring your spare clothes as directed, and please act safely and responsibly while in the water, as well as while on and around the ice. Our professional and highly experienced **faculty** will be there to instruct, guide and supervise you throughout the Academy. Please give them your utmost respect and cooperation.

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<sup>3</sup> Helmets will be distributed during 1<sup>st</sup> classroom session.

<sup>4</sup> You are responsible for having a set of retractable ice picks with your ice rescue suit. Picks will be available to purchase should you need a pair. If you are using one of our suits, picks will be provided with the suit.

<sup>5</sup> Helmets will be issued by Lifesaving Resources.



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## IMPORTANT INFORMATION...

We look forward to working with you during the Academy. This is a very intensive and comprehensive training program, but one you will be very proud of having participated in and surviving through it. Please make note of the following:

- You are required to have your own Ice Rescue Suit for participation in the practical evolutions.<sup>6</sup> A limited number of **loaner suits** are available. Therefore, if you need to borrow a suit, please call or e-mail to reserve your suit prior to the Academy. If your department's suit fails during the practical evolutions, you may transfer over to one of our loaner suits. Since your department is investing in you to participate in this Academy, we recommend they invest in providing you with your own suit as well for use during your training upon returning to your department.
- You will be expected to participate on and through the ice as well as in the water. Therefore, it is critical that you thoroughly inspect and don your **ice rescue suit** prior to coming to the Academy. Be sure the inside of the suit is thoroughly dry. **Inspect** your suit, as well as the integral gloves and boots, for rips, tears, zipper operation, leaks, etc. At the conclusion of each practical session at the end of the day, we encourage you to remove the lining from your shell and to hang it up to thoroughly dry before placing it back in the shell for the next practical session. We also encourage you to lubricate the zippers on your dry suit with **Zipper Wax Lubricant** which can be purchased from your local dive shop or through Amazon or other sources.
- There are a number of commercial driers for ice rescue suits, such as the **Exposure Suit Hanger** or **Hang-Air** device. These electric hangers blow room-air into the suit to completely dry and ventilate the suit. You may also purchase these devices Amazon or from local distributors, including **Brigham Industries** ([www.brighamindustries.com](http://www.brighamindustries.com)) in Massachusetts.

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<sup>6</sup> Acceptable Ice Rescue Suits include: The Imperial Ice Rescue Suit by Survitec (<http://www.survitecgroup.com>); the Ice Commander Rescue Suit and the Ice Commander Rescue Suit Pro by Mustang Survival ([www.mustangsurvival.com](http://www.mustangsurvival.com)); the First Watch Ice Rescue Suit ([www.1stwatch.com](http://www.1stwatch.com)); or, the Stearns Neoprene Ice Rescue Suit.



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- You are required to provide your own **Ice Picks** for use during the practical evolutions. If you need to purchase a set (\$25.00), we will have them available at sign-in. Please note, ***you will not be allowed on the ice at any time without your ice picks*** as they are critical for self-rescue. Most Ice Rescue Suits have pockets in the arms to hold these picks. Note: Only ice picks with retractable pins will be allowed – permanently exposed pins will not be allowed as they can cause injury and damage suits.
- All our training venues are **non-smoking facilities**. Therefore, smoking will not be allowed on campus, or off campus during the practical sessions. If you need to smoke, you may only do so in your own vehicle, while it is parked on campus, and you are responsible for disposing of all butts, as well as other trash, appropriately.
- **Transportation** to and from the practical skills site will be provided. Anyone with a large vehicle that is capable of transporting 3 or more passengers will be requested for use, if available. However, due to limited parking at the lake site, we prefer to use only department owned and marked vehicles, when possible.
- We request that Academy ***tuition be paid prior to the start of the Academy***. Therefore, please confirm with your department that your course tuition has been paid prior to start of the Academy.
- Please be sure your **suit** and the **carry bag** for your suit is marked with your department/agency name to avoid confusion and mix-up with other participants. All Ice Rescue Suits will be inspected by our faculty the first day of class to determine the appropriateness of your suit. You can use your bag to store dry clothes to bring to the practical sessions to change in should your suit breach or leak.
- We encourage you to bring a **headlamp** or small **flashlight** which can be attached to your helmet or hand-carried during Friday evening's NIGHT OPS. It will be very dark while on the lake during the Night Ops session.
- We also encourage you to bring your **laptop computer** or **tablet** for use during the Academy classroom sessions. We will be accessing the on-line Instructor Portal at [www.lifesaving.com](http://www.lifesaving.com) during the Administration Session on Sunday afternoon.





## EMERGENCY CONTACT INFORMATION...

You will be asked to provide us with emergency contact information in case of an emergency. Should someone need to urgently reach you, they can call and leave messages at the following numbers:

Lifesaving Resources:	207/967-8614
Gerry's Mobile:	207/604-4240
Donna's Mobile:	207/604-4269
Hotel:	207/775-2200

## WHAT TO WEAR...

As previously stated, your personal comfort, health, and safety are our utmost concern during your participation throughout the Academy.

### Practical Sessions

Your Ice Rescue Suit has integral gloves and boots. You may wish to wear a thin glove liner under the integral suit glove. Even a pair of nitrile gloves will help keep your hands dry should your suit glove develop a tear. A thin sock liner, under a thicker boot sock is also recommended. As for clothing, do not overdress! We recommend a T-shirt or long underwear top worn under a light wool sweater, fleece, or fleece vest along with a light pair of pants (i.e. fleece, sweatpants, or nylon pants). Your ice rescue suit should keep you dry and fairly warm.<sup>7</sup> Be sure to bring spare warm clothing that you can don in the event your suit becomes compromised. Once you are dried off and re-warmed, a spare suit will be provided for use so you will be able to continue your participation in the practical skills session. Remember, do not overdress for the practical sessions. And, as previously stated, we encourage you to bring a headlamp or flashlight for use during Friday evening's NIGHT OPS.

### Classrooms & Meals

Pants, sweatshirt/fleece, socks and shoes will be adequate. We request and encourage you to wear **department shirts/job shirts**. It can be quite cold during the day, and especially during the evenings. Bring a warm coat, hat, and a spare footwear and socks.

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<sup>7</sup> Bulky clothing (i.e. jeans) underneath the suit will hamper your ability to move and crawl on the ice, swim in the water, and participate in the practical skills evolutions.



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## WHAT ELSE TO BRING...

Besides your clothing and your Ice Rescue Suit and Picks, you should also bring personal **toiletries** (i.e. razor, toothbrush, toothpaste, deodorant, hair brush/comb, etc.). You may also wish to bring a **cooler, snacks, and liquid refreshment**. Instructional sessions are conducted Thursday from 3 PM to 10 PM, Friday from 8 AM to 10 PM, Saturday from 8 AM to 10 PM, and Sunday from 8 AM to 3:00 PM. You will have required **homework reading** and **teaching assignments** to be completed after these sessions. Although, there are plenty of clubs, restaurants and bars to go to after class, you must be aware we start bright and early each morning and you will be responsible for being physically and mentally prepared to participate throughout the following day and evening. And, your assigned work must be completed as well. There is a hotel bar that will be open nightly.

We will have some Lifesaving Resources' **LogoWear** available for purchase. We accept cash or charge, although your credit card is not required. Should you wish to charge any item, we will process the charge online and send you the invoice which can then be paid online with your credit card.

You are also encouraged to bring your **personal laptop computer** or **tablet** which should be locked in your room during practical sessions. The hotel provides complimentary wi-fi and you will be able to access our online instructional materials on your computer or tablet.



## PRE-REQUISITES....

In order to participate in the Academy, you must meet the following pre-requisites:

1. Be a minimum of 21 years of age by the start of the Academy;
2. Be a designated representative and Instructor Candidate for a Fire, Rescue, EMS, or Law Enforcement agency; or an entity in the position to conduct training for First Responders or others;
3. Be in good physical condition and capable of participating in all practical evolutions;
4. Be a proficient swimmer, comfortable in deep water while wearing your Ice Rescue Suit, and capable of propelling yourself through deep water as well as self-rescuing yourself from the water back onto an ice shelf;
5. We recommend having prior teaching or leadership experience and capable of presenting both practical and didactic information; and

## LODGING AND MEALS....

Lodging and meals are included with your tuition. This includes lodging on Thursday, Friday, and Saturday evening. Rooms are single-occupancy. Meals will be provided Thursday evening through Sunday lunch. If you have any special dietary needs, please make the necessary arrangements.

## PRACTICE TEACHING ASSIGNMENTS....

Instructor candidates will participate in **teach-back** (practice teaching) **sessions** in the classroom, as well as on the ice, during which time you will practice-teach portions of the course curriculum to other Instructor candidates and course faculty. ***Instructor candidates must be comfortable teaching*** in front of a group of their peers, and must be knowledgeable of the materials and proficient in the conduct of and performance of all related practical skills. Preparation time will be at the conclusion of each evening class session to familiarize yourself with the course materials assigned. Completing the pre-requisite reading assignments prior to the start of the Academy will be of benefit to you in your understanding of the materials.



## **PRE-REQUISITE READING...**

To get the most out of this training program, please review specific articles from the Lifesaving Resources' web site prior to arriving at the Academy. These articles, and others, can be viewed within the Issues in Safety and Rescue Section of our website at <http://lifesaving.com/category/issues-safety-rescue/>. The following are the required articles:

Hyperventilation Induced Blackout (HIB)

<http://lifesaving.com/issues-safety-rescue/hyperventilation-induced-blackout-hib/>

NFPA 1670 Standard for Technical Rescue

<http://lifesaving.com/issues-safety-rescue/nfpa-1670-standard-for-technical-rescue/>

The Need for First Responders to be Trained and Equipped to Perform Domestic Animal Rescues

<http://lifesaving.com/issues-safety-rescue/the-need-for-first-responders-to-be-trained-and-equipped-to-perform-domestic-animal-rescues/>

Hypothermia Prevention, Recognition and Treatment Protocols

<http://lifesaving.com/issues-safety-rescue/hypothermia-prevention-recognition-and-treatment-protocols/>

Escape and Rescue from Submerged Vehicles

<http://lifesaving.com/issues-safety-rescue/escape-and-rescue-from-submerged-vehicles-2/>

Cold Calls

<http://lifesaving.com/issues-safety-rescue/cold-calls/>

Ice Rescue

<http://lifesaving.com/issues-safety-rescue/ice-rescue/>

Beware!! The Hazards of Ice

<http://lifesaving.com/ice-water-rescue/beware-the-hazards-of-ice/>

Prevention and Management of Torso Reflex

<http://lifesaving.com/issues-safety-rescue/prevention-and-management-of-torso-reflex/>



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## CHECKLIST....

*This checklist has been developed as a guide for you to pack for this weekend training program and includes guidelines, optional, and required equipment and/or materials.*

### Training Equipment

- Ice Rescue Suit
- Ice Picks
- Spare Socks
- Glove Liner or Nitrile Gloves
- Fleecewear or other warm gear to wear under Ice Rescue Suit

### Clothing

- Pants for Thursday through Sunday
- Department shirts for Thursday through Sunday
- Sweater or Fleece for Thursday through Sunday
- Boots and/or Shoes plus at least one spare set
- Socks for Thursday through Sunday plus spare socks
- Underwear for Thursday through Sunday plus a spare set
- Winter Coat
- Winter Hat
- Winter Gloves

### Personal

- Toiletries
  - Razor
  - Shave Cream
  - Toothbrush
  - Toothpaste
  - Comb or Brush
- Cooler (optional)
- Snacks (optional)
- Liquid Refreshment (optional)

### Administration

- Laptop Computer or Tablet (recommended)
- Instructor Agreement Form**
- Authorized Provider Agency Agreement** (signed)
- Instructor Contact Form**



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## ADDITIONAL LODGING INFORMATION....

When you register for the Academy, you will be automatically booked at the Embassy Suites. If you need to arrive prior to Thursday or stay over after the conclusion of the Academy, we recommend you stay at the same hotel. Shuttle Service is available to and from the airport/hotel which is a block away from the airport.

## RESCUE EQUIPMENT...

Lifesaving Resources has cooperative agreements with a number of product manufacturers and distributors of rescue and safety equipment, including:

- [Brigham Industries, Inc.](#)
- [Survitec Group](#)
- [Mustang Survival](#)
- [2Tinga Inc.](#)
- [RescueTech 1](#)
- [Sterling Rope](#)
- [Ketch-all](#)
- [RescuePad](#)
- [Water Rescue Innovations](#)
- [NRS](#)
- [Ice Rescue Sled](#)
- [Lifesaving Systems Corp.](#)

We also encourage you to visit our **PARTNERS PAGE** at <https://lifesaving.com/about-us/partners/> for information on our training partners.



## **INSTRUCTOR & AUTHORIZED PROVIDER AGREEMENTS....**

Prior to your authorization as an Ice Rescue Instructor, your department will be required to sign an **Authorized Provider Agreement**. *(Note: A copy of this agreement is attached. Please have this and all other forms completed prior to your arrival.)* These forms are also available to be completed and submitted online at:

<https://lifesaving.com/instructor-candidates/>

As an authorized provider of Lifesaving Resources' Ice Rescue Courses, your department/agency must agree to the following conditions:

1. The Ice Rescue Awareness, Operations, and Technician level courses must be conducted as defined and outlined within the Lifesaving Resources' **curriculum** materials. You may add to the curriculum, but must never detract any of the content or required skills.
2. All safety, operational, supervisory, and rescue **procedures** and **protocols** must be adhered to during the conduct of all Ice Rescue courses.
3. Lifesaving Resources Instructors must **order course GUIDEBOOKS** at least **two weeks prior** to the beginning course date.
4. Each course participant is required to be issued his/her own personal copy of the required course Guidebook.
5. At the conclusion of each course, Instructors will submit a **RECORD OF COURSE COMPLETION** to Lifesaving Resources. Instructors should submit a copy to their department and should also retain a copy for your personal files.
6. Instructors will print, sign and award **COURSE COMPLETION CERTIFICATES** to their course graduates within two weeks from the course completion date.



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As an Instructor, you will also be required to sign an **Instructor Agreement Form** agreeing to adhere to all policies and procedures established by Lifesaving Resources in the conduct of these courses.

Lifesaving Resources' Instructors are authorized for approximately 3 years and must conduct at least 2 courses, of which 1 Technician-level course must be taught, within the 3-years in order to be eligible for re-authorization for an additional 3-years.

Instructors are required to maintain current versions of the **INSTRUCTOR'S SOP MANUAL** and the **POWERPOINT/KEYNOTE** presentation, both of which are available online, within the Instructor's Portal on the Lifesaving Resources.

Upon successful completion of the Instructor Academy, graduates will be provided the materials necessary to conduct these courses. These materials will include an Ice Rescue **Powerpoint** and/or **Keynote** Presentation, **Instructor Presentation** Notes, associated video clips, and an **Instructor's Administrative SOP Manual**. Course **Guidebooks** must be purchased for each Awareness, Operations, and/or Technician level course student.

## **INSTRUCTOR CANDIDATE ADMINISTRATION....**

Attached are four forms (**Instructor Agreement Form, Authorized Provider Agency Agreement, Instructor Contact Form, Training Officer Participation Form**). They are also available at: <https://lifesaving.com/instructor-candidates/>

Please complete these forms online or complete them manually and bring them with you to the Academy. Please note that the **Authorized Provider Agency Agreement must be signed by the Department's Chief or Training Officer**.

If you have any questions concerning the materials, the hotel, meals (please advise us in advance of any food allergies), the Academy schedule, or equipment, please feel free to e-mail ([donna@lifesaving.com](mailto:donna@lifesaving.com) or [gerald@lifesaving.com](mailto:gerald@lifesaving.com)) or call the office. Should your department or family need to reach us during the conduct of the Academy, they may contact the hotel directly, or our cell phones.

We look forward to working with you during your training.

*Donna J. Dworkin*

Director, Educational & Training Programs  
E-Mail: [donna@lifesaving.com](mailto:donna@lifesaving.com) / 207/967-8614





## ICE RESCUE INSTRUCTOR AGREEMENT FORM

This is to certify that

\_\_\_\_\_  
*Print Name of Instructor Candidate*

has successfully completed a Lifesaving Resources' Instructor Academy in **Ice Rescue** and is authorized to conduct **Ice Rescue Awareness, Operations, and Technician Level** Courses on behalf of **Lifesaving Resources** and

\_\_\_\_\_  
*Name of Authorized Provider Agency*

By signing this Agreement, the above-named individual agrees to adhere to all policies and procedures established by Lifesaving Resources in the conduct of these courses and to represent Lifesaving Resources and the Authorized Provider Agency to the best of his/her ability.

\_\_\_\_\_  
*Signature of Authorized Instructor or Instructor Candidate*

\_\_\_\_\_  
*Date*



## ICE RESCUE INSTRUCTOR CONTACT FORM

*Please print carefully so this information can be entered into your Instructor Profile.*

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*Name*

---

*Department:*

---

*Title:*

---

*Department/Agency Address:*

---

*City, State & Zip Code:*

---

*Home Address:*

---

*City, State & Zip Code:*

---

*Home Phone / Work Phone:*

---

*E-Mail Address:*

---

*Cell Phone:*

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*Signature & Date:*



## **AUTHORIZED PROVIDER AGENCY AGREEMENT**

This represents an agreement between **LIFESAVING RESOURCES, LLC** and the

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*Name of Agency*

for the conduct of Lifesaving Resources' **Ice Rescue Awareness, Operations, and/or Technician** level courses on behalf of your department/agency.

As an Authorized Provider Agency, your department/agency agrees to support the designated representative listed below who has been trained and authorized by Lifesaving Resources as an Ice Rescue Instructor. Instructors must adhere to all Policies and Procedures established by Lifesaving Resources in the conduct of these courses. To be eligible for re-authorization, Instructors must conduct a minimum of 2 courses within their authorization period, one of which must be a Technician-level course. While teaching Lifesaving Resources' courses, Instructors are required to use the most current powerpoint/keynote presentation and Instructor's SOP Manual, both of which are available online through the Instructor's Portal.

Each student participating in a Lifesaving Resources' Ice Rescue course must receive his/her own personal copy of the latest **Ice Rescue Course Guidebook** version, and upon successful completion of their training, they must be issued a Lifesaving Resources' Course Completion Certificate and Insignia. The cost for the required guidebook is approximately \$20 per guidebook. Failure to adhere to the established Policies and Procedures will invalidate this agreement and your representative's authorization as an Ice Rescue Instructor.

Lifesaving Resources agrees to support your designated representative as follows:

1. Provide technical support to Instructors in the conduct of Ice Rescue Courses at the Awareness, Operations and/or Technical level.
2. Provide current and up-to-date educational materials (student guidebooks, videotape segments, Instructor Manuals, powerpoint/keynote presentations).
3. Provide Course Completion Certificates and Insignia.

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*Print Name of Instructor*

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*Print Name of Chief or Training Officer with Title*

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*Signature of Chief or Training Officer & Date*

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*Mailing Address of Department • City, State & Zip Code*

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*Phone Number & E-Mail Address*



**LIFESAVING RESOURCES** .LLC.  
AQUATICS SAFETY • WATER RESCUE • ICE RESCUE  
[www.lifesaving.com](http://www.lifesaving.com)

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## **FIRE CHIEF OR TRAINING OFFICER AUTHORIZATION**

Name of Applicant: \_\_\_\_\_

I hereby consent for the applicant to participate in the

### **International Ice Rescue Instructor Academy**

and verify that he/she is covered by our department (or company) insurance, is not receiving workmen's compensation at this time, and his/her physical fitness level is appropriate for the course requested. I also am confident that the above named has the aptitude and cognitive learning skills to comprehend this level of education.

Signature of Fire Chief/Training Officer: \_\_\_\_\_

Department: \_\_\_\_\_

Date: \_\_\_\_\_